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in mind: Your vision must be compelling enough to move you to action. Keep track of all your actions to see where you're progressing and where you need to improve. Choose one to three goals at a time. Focusing on ...

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"The 12 Week Year Quotes" The number-one thing that you will have to sacrifice to be great, to achieve what you are capable of, and to execute your plans, is your comfort. Click To Tweet

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1. Strategic Blocks = 3 Hours Long of ACTION (NOT including email, phone, voice mail or any other low value activity not directly related to your 12-week outcome) 2. Buffer Blocks = 30-60 minute blocks allow you to catch up on things like email and other low priority / low value activities. 3. Breakout Blocks = Away from work 100% = 3 hours long

"The 12 Week Year" - an awesome book! (here are my notes ...

The 12 Week Year book will walk you through the proven step-by-step system for achieving more in 12 weeks than others do in 12 months. Get Your Copy Now 12 Week Year Skills Training: Henry Ford said, "you can't build a reputation on what you're going to do."

The 12 Week Year

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Blog - The 12 Week Year

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